



# BRIGHTON COLLEGE

---

## DUBAI

### **Introduction**

We are pleased to be working with Food Nation to provide healthy, delicious and balanced meals for the pupils at Brighton College Dubai. Food Nation will use high-quality ingredients to prepare fresh food for the students each day, with no artificial colours, flavours, sweeteners, texture-altering chemicals, additives, trans-fats, GMO or preservatives.

Food Nation is run by Magnus Mumby, a trained Chef who has more than 30 years' experience working in food allergy clinics, as well as high-end Michelin star restaurants.

### **Menu**

The menu will change daily and rotate on a two-week cycle; you can learn more about Food Nation on their website: [www.foodnationme.com](http://www.foodnationme.com)

### **Payment**

School meals will be purchased with the student's ID or wristband. With Food Nation's online payment platform and mobile app, it's easy for parents to 'top up' their child's account online and utilise features such as a daily spending allowance, auto-reminders when the card balance is low and even check their child's food choices.



MAIN

SUN	MON	TUE	WED	THU
Chicken Katsu with Jasmine Rice ● OR Bombay Shepherds Pie ●	Pasta Twists with Chicken, Basil & Mozzarella ● ● OR Swedish Meatballs with pan fried noodles	Chicken Margherita & Garlic Bread OR Beef Fajita Soft Tortilla Bread & Rice ●	Tandoori Chicken Masala & Basmati Rice ● ● OR Spaghetti Ragu ●	Beef Lasagne OR ● ● Orange & Coriander Fish with Roast Potatoes

MAIN (V)

SUN	MON	TUE	WED	THU
Roast Pumpkin & Mushroom in cream sauce	Vegetable Pasta with Bechamel Sauce ● ●	Crunchy Vegetable Hong Kong Noodles ● ●	Creamy Palak Aloo (Spinach & Potato) with Basmati Rice ●	Cauliflower Cheese Lasagna

SIDES

SUN	MON	TUE	WED	THU
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Broccoli Forest	Lyonnais Potatoes	Garden Greens	Rainbow Veggies	Corn Succotash

DESSERT

SUN	MON	TUE	WED	THU
Sticky Toffee Pudding	Orange Wedges	Fruit Jelly	Gajar Halwa (Carrot Halwa)	Apple Flapjack



Gluten



Dairy



Egg



Soy



Fish



MAIN

SUN	MON	TUE	WED	THU
Baked Chicken Tenders ● ● OR Italian Bacon Meatballs, Fusilli & Tomato Sauce ● ●	Fish Florentine with Steamed Rice ● ● ● OR Shish Tawook with Steamed Rice	Butter Chicken with Basmati Rice ● OR Meat & Potato Pie ●	Roast Chicken in Creamy ● ● Sweetcorn Gravy OR Chicken Tikka Lasagne	Chicken Biryani with Raita ● ● OR Hungarian Beef Goulash with Pasta Twist ●

MAIN (V)

SUN	MON	TUE	WED	THU
Vegetarian Fajita with Soft Tortilla Bread	Mac & Cheese ●	Aloo Gobi with Basmati Rice ●	Lentil & Feta Croquettes ●	Persian Zuchinni & Herb Frittata ● ●

SIDES

SUN	MON	TUE	WED	THU
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Roast Potatoes & Broccoli Bites	Roast Rainbow Roots	Honey Glazed Carrots	Stir Fried Vegetables	Garden Peas

DESSERT

SUN	MON	TUE	WED	THU
Banoffee Pie	Marble Cake	Cheesecake	Mini Chocolate Chip Cookie	Fruit Jelly



Gluten



Dairy



Egg



Soy



Fish